

# **Mental Health Counselor – Aging and Family Services Division**

## **Full-Time**

### **Division Description**

The Aging and Family Services Division (AFS) of the Human Services Department specifically supports older residents and their caregivers to live active, healthy lives in the Tri-City community. The Mental Health Counselor(s) will build relationships with community partners and potential clients; provide client intake assessments and determine counseling objectives; and provide individual counseling in client's homes as well as psychoeducational groups in community settings. Counselors will work as part of a professional team that includes a psychiatrist, physician's assistant, mental health specialists, nurses, health promoters, social workers, peers, and interns.

### **Status of Position(s)**

There are **two full time (40 hours/week)** regular positions with benefits currently open.

### **Target Population**

The City of Fremont is expanding services to vulnerable, low-income older adults in the Asian American Pacific Islander (AAPI) community who need, but do not readily seek mental health support. These services will serve older AAPI adults age 60+ who are experiencing moderate to severe mental health challenges. Counselors will be encouraged to utilize creative methods to engage this population and overcome stigma associated with seeking emotional support and will provide groups/classes that will encourage life skill development and wellness activities. Sessions may also be provided in various community settings, such as affordable housing complexes and the City's two Age Well Centers or in a client's home.

### **Desired Experience**

- Bilingual language skills (Mandarin, Korean, Vietnamese highly desirable)
- Experience with home visits.
- Knowledge of older adults' common concerns and challenges, as well as strengths.
- Knowledge of older adult system of care and common referral sources.
- Ability to work independently and offsite from supervisor.
- One year of working directly with seniors and coordinating with senior service providers.
- Ability to maintain effective, respectful working relationships with older adults and community partners.
- Experience working with diverse communities.
- Ability to supervise interns, desirable